

Day Surgery

My Hospital Story



Boston Children's Hospital

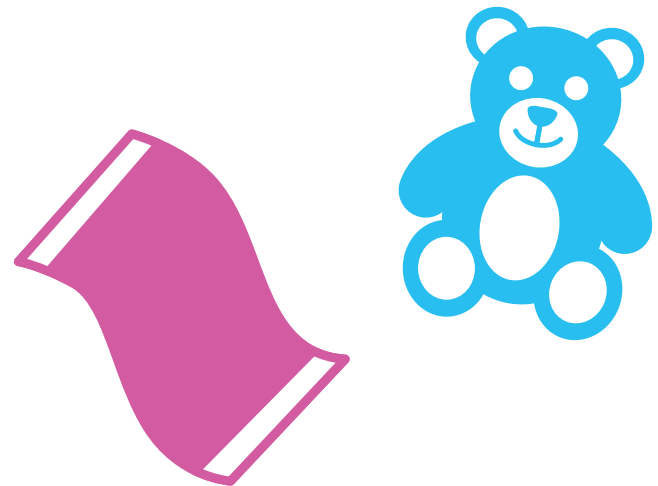
April 2024

I'm getting ready for my surgery at Boston Children's Hospital. My doctors need to do the surgery to learn about my body or to help me get better.

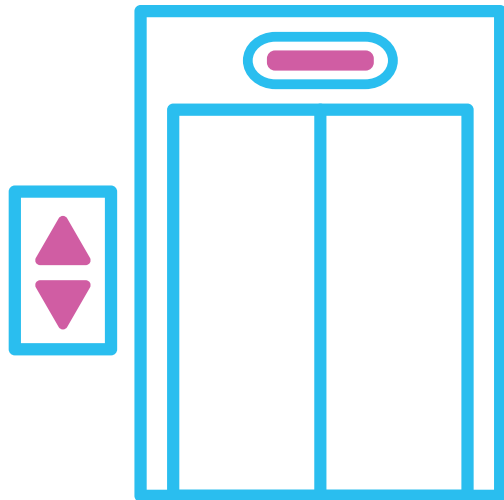




I will go to the hospital with my caregivers. I can bring my favorite blanket or a stuffed animal from home.



First, we will enter the lobby and take the Hale elevators to the 3rd floor.





Then, we will talk
with someone at
the front desk.

I will get a bracelet
with my name on it.



Next, we will wait until
my name is called.

I can sit or play
quietly while I wait.





When my name is called, someone will bring me and my caregiver to a new room.





This room may be busy with doctors and nurses.
I may see other kids waiting for surgery, like me.

Next, I will put
on hospital
pajamas.

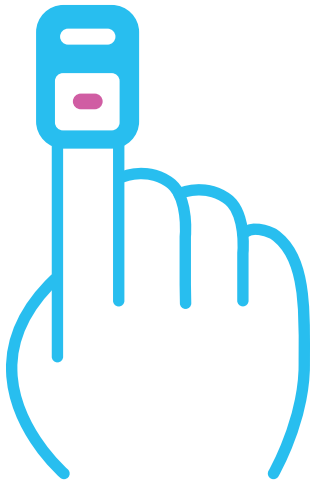




The nurse
might check
my weight.



The nurse will place a pulse oximeter on my finger. It checks how much oxygen is inside my body.



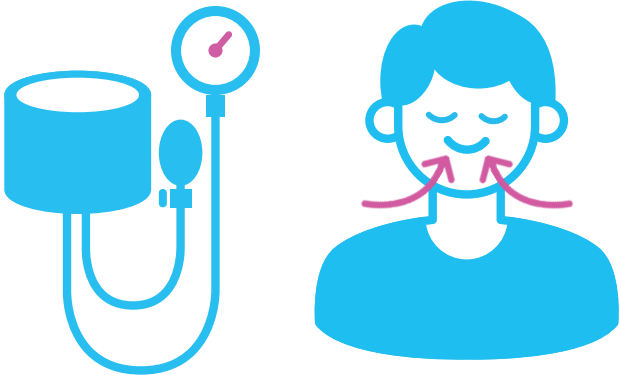


The nurse will
check my
temperature with
a thermometer.



The nurse will check
my blood pressure.
I will feel a squeeze
on my arm.

I can remember to
hold my body still and
take deep breaths.





The nurse will listen to my heart and lungs with a stethoscope.





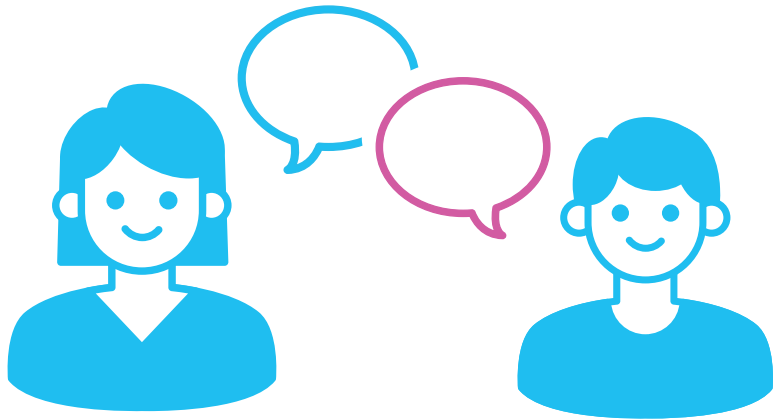
Now I will wait
for my surgery.

While I'm
waiting, I can
play!



I might meet a child
life specialist.

They can teach me
about my surgery and
answer my questions.



I will meet the
doctors and
nurses who
will take care
of me during
my surgery.





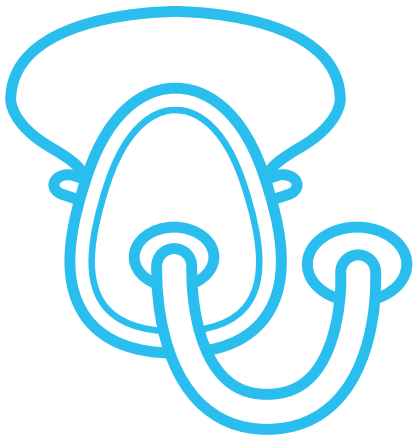
I will meet my
anesthesiologist.

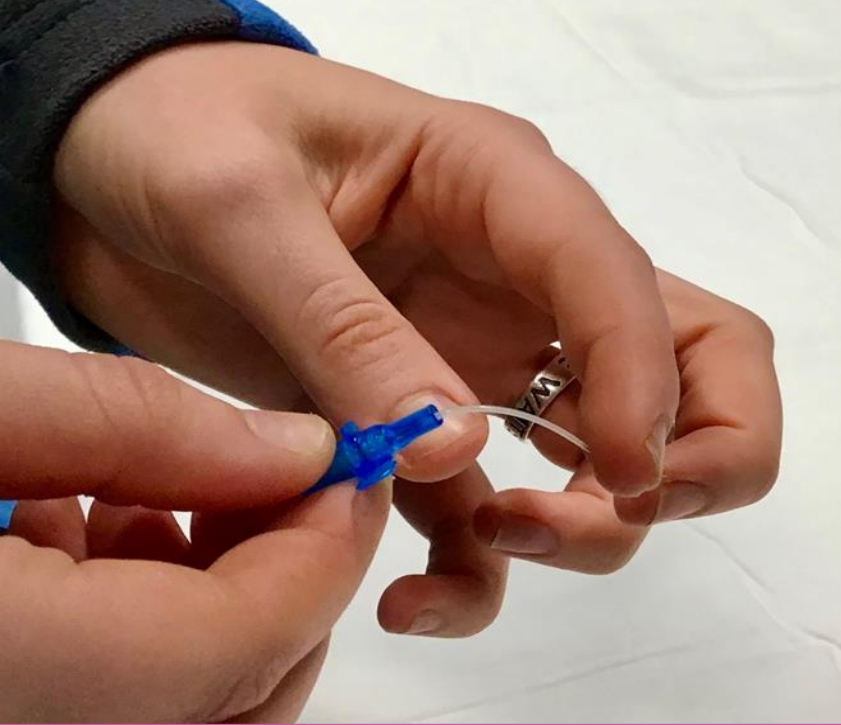
They will talk about
the sleep medicine
that I will use during
my surgery.



I might get the sleep medicine through a mask. The mask will feel soft on my face.

I might choose a special smell for my mask.





I might get the sleep medicine through an IV.

This is a small, bendy straw that goes in my hand or arm.



The doctors might
give me some
medicine before my
surgery.

This medicine will
help my body relax.





When it's time for my surgery, my doctors and nurses will move my bed to the next room.



Then the doctors
will give me the
sleep medicine so I
don't feel anything,
see anything, or
hear anything
during my surgery.



When my surgery
is over, I will
wake up in a
different room.

My caregivers will
meet me here.



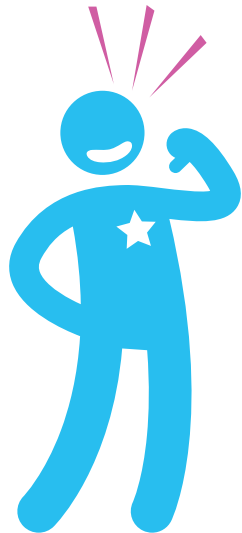


I might get a
popsicle or
something
to drink!



When my doctors
say it is OK, I can
go home.

Everyone will be
so proud of me!



Developed by:

Autism Spectrum Center
& Child Life Services