



This family education sheet explains what you need to do, and what you can expect, before your child's procedure.

Key points

- Your child will need sedation with their dental procedure. This means that your child will get 1 or more kinds of medicine to help with anxiety and increase their comfort.
- We'll schedule the procedure once we get the information we need from your child's primary care provider.
- We'll contact you to schedule the appointment and again 1-2 weeks before the procedure to go over any questions.

Scheduling your child's appointment

What do I need to do after my child's consultation?

- Before you can schedule the procedure, our clinic needs these things from your child's primary care provider (PCP):
 - Well-child visit/H&P with Review of Systems (the most recent doctor's note from the past 12 months)
 - Last note from any specialists (for example: Cardiology, Pulmonary, Endocrinology)
 - Other:

- Make sure that your contact information and your PCP's contact information is updated.
- When talking with your child's PCP:
 - Tell your PCP that your child will need sedation in our clinic.
 - Ask them to directly fax or email your child's records to our clinic.
 - Fax: (617) 730-0478 Attn: Vivian
 - Email:
Vivian.MeloPimentel@childrens.harvard.edu

What do I need to do to schedule my procedure?

- We can't schedule the procedure until our clinic gets the information listed on the left.
 - Please be patient while you wait to hear back from your child's PCP.
 - Please reach out to your PCP again if you haven't heard back from them after a week.
- Our scheduler will contact you to schedule the procedure when our clinic gets this information.

What happens after the appointment is scheduled?

- We'll contact you again 1-2 weeks before your child's procedure.
 - We'll talk about any co-pays (if you need to pay one). We'll also go over when your child needs to stop eating/drinking before the procedure.
 - Feel free to brainstorm any questions about the procedure or how to prepare and ask them this call.
- A few days before the procedure, we'll call you to go over any changes in your child's health. This is a chance for you to ask more questions about the procedure.

Preparing for your child's appointment

How should I prepare for this treatment?

- **If your child is sick (has a fever, runny nose, congestion and/or a cough) during the 3 days before the procedure,** please call (617) 355-6571.
- **Plan to arrive to the appointment on time.** You should go to the Department of Dentistry. This is either on the 4th floor of the Hunnewell Building on Boston Children's 300 Longwood Avenue, Boston campus or on the 8th floor of 2 Brookline Place in Brookline. Your appointment may have to be rescheduled if you're late.
- **A legal guardian should be there.** The child's legal guardian should come to the sedation appointment and stay in the Dental Clinic until the visit is over.
- **You must have another responsible adult with you if you're driving your child home.** An adult needs to sit with your child and be able to respond if they have a problem and need help.
- **Don't bring any other children with you to the sedation procedure.**

What can my child eat/drink before the sedation procedure?

- **Midnight before the procedure:** Don't give your child any solid food after midnight before the procedure. This includes gum and candy (hard candy, lollipops and chocolate). Also, don't give milk, orange juice or carbonated drinks (soda).
- **6 hours before the procedure:** Don't give formula 6 hours before the procedure.
- **4 hours before the procedure:** Stop breastfeeding 4 hours before the procedure.
- **1 hour before the procedure:** Your child can have clear liquids. Clear liquids include water and apple juice.

What should my child wear?

- Cool, comfortable layered clothing
- An extra set of clothing in case they have an accident
- No 1-piece clothing or tights
- No fingernail and toenail polish
- A diaper or pull-up if they aren't toilet-trained while sleeping

What should I expect after the procedure?

- Don't plan activities for your child for the day of treatment. They'll need to stay home from school or daycare and be closely watched for the rest of the day.
- You'll get written instructions on caring for your child at home after the procedure before you go home.

How much does sedation cost?

- There will be charges for the dental treatment (X-rays, fillings, crowns, extractions, etc.) in addition to the cost of sedation. If your dental insurance needs a co-payment for treatment, you're responsible for the estimated co-payment 2 weeks before the appointment.
- Before the visit, we'll send a pre-treatment estimate to your insurance company. We'll let you know the amount of your co-payment.
- Sedation procedures aren't always successful. If your child isn't successfully sedated and the dental treatment can't be completed, you'll be partially refunded for the treatment and any co-pays that you made in advance.

Contact us

Please call (617) 355-6571.