Dental Exam

2 Brookline Place

My Hospital Story



Boston Children's Hospital

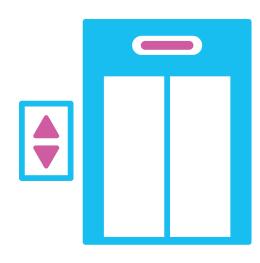




First, we'll walk into the lobby.



Then, we'll take the elevator to the Dental Clinic on the 8th floor.



Next, we'll talk with someone at the front desk.

I'll get a bracelet with my name on it.

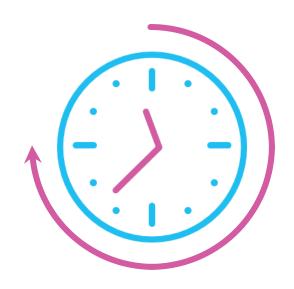






We'll wait until my name is called.

I can sit or play quietly while I wait.



If I want a quiet space to wait, my caregiver can ask for the quiet waiting room.







When it's my turn, the dental assistant will call my name.

We'll walk to a new room.

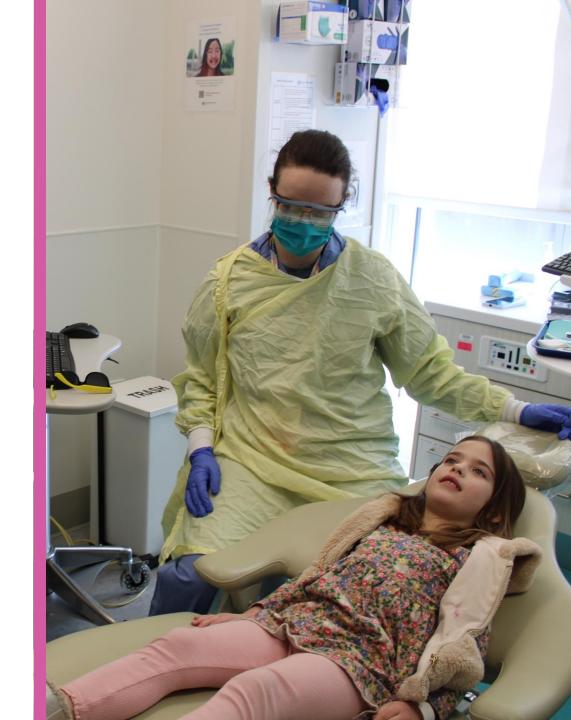


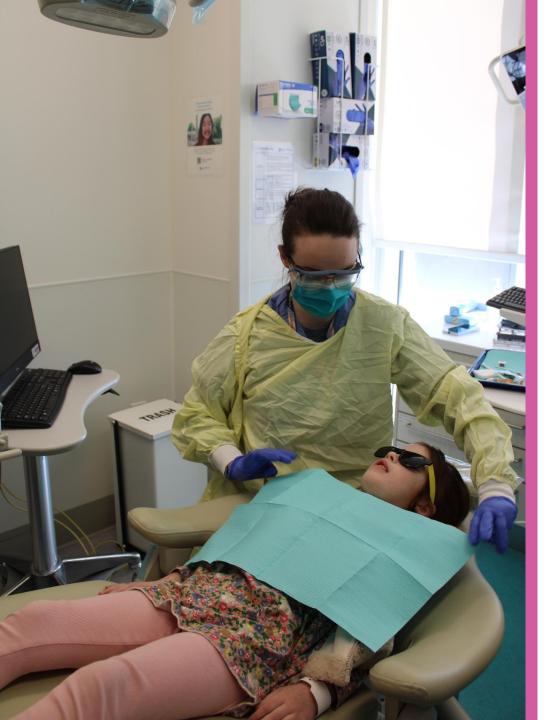


The dentist will ask my caregiver some questions. I'll sit in a special chair. If I need to, I might sit with my caregiver or stand.

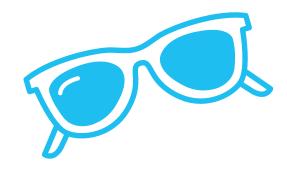
The dentist will move the chair to help me lie back. I can remember that I'm safe when the chair moves.





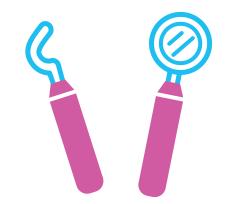


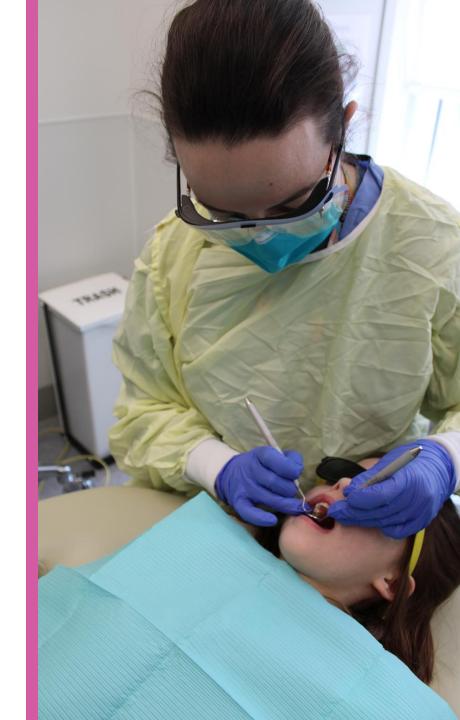
The dentist may place a piece of paper over my clothes. They might also give me sunglasses to wear.



Next, I'll open my mouth wide so the dentist can see my teeth.

They might use a small mirror and tooth counter. I might feel the tooth counter tap each of my teeth.







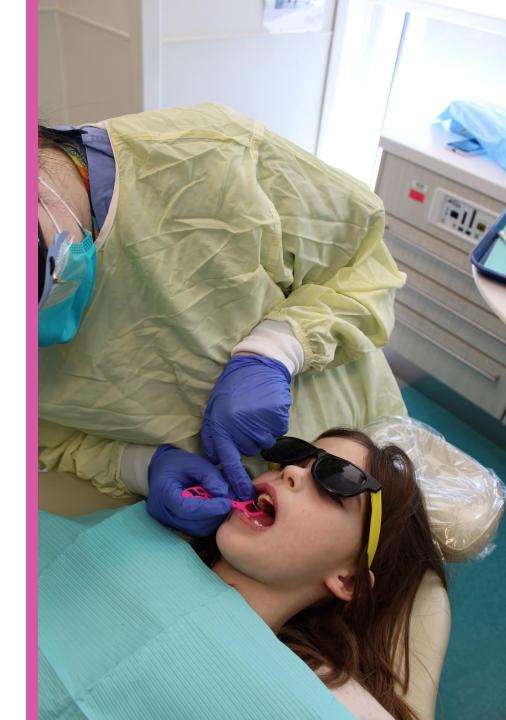
The dentist will brush my teeth with a toothbrush and toothpaste.

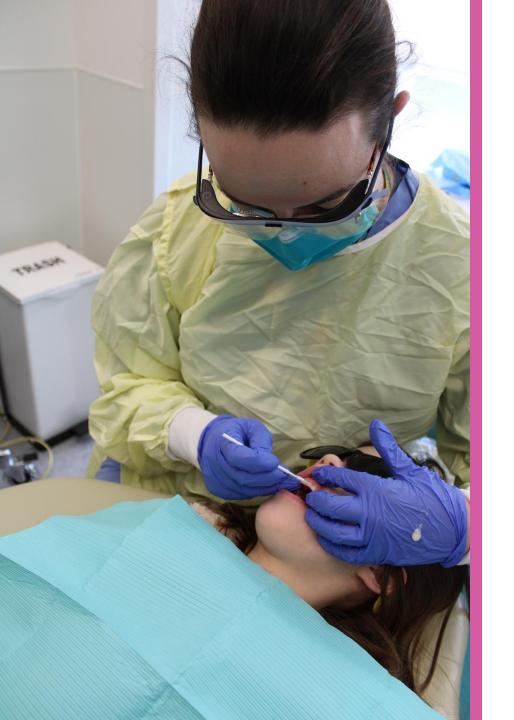


The dentist will use soft floss to clean the spaces between my teeth.

I can remember to keep my mouth open wide.







Next, the dentist will brush vitamins on my teeth to keep them strong and healthy.

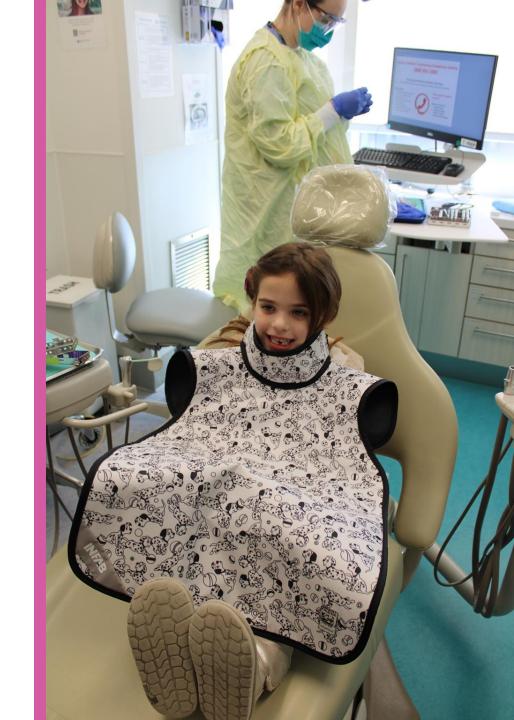
It may feel sticky or have a taste. I can take a drink of water.



The dentist might take an X-ray of my teeth. This is a special camera that takes a picture.

I'll put on a special jacket over my clothes. It might feel heavy.







The dental assistant will put a small block in between my teeth. I'll open my mouth wide.

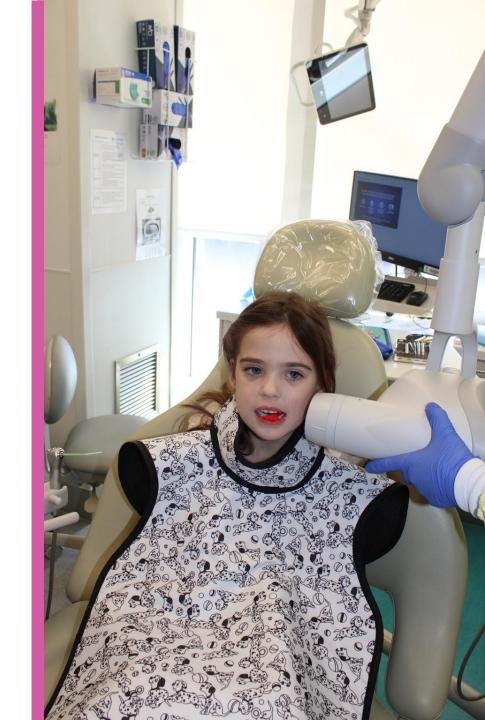
They'll tell me to bite down and hold the block between my teeth.



Next, the camera will come close to my face but won't touch me. I can remember to hold very still.

The camera will beep when it's taking the picture. I might need to take a few pictures.







I might walk to a new room to take pictures of my teeth.

I'll put on a special jacket over my clothes. It might feel heavy.



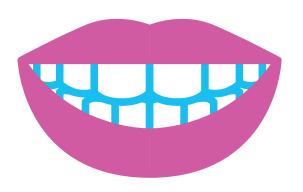
I'll stand under the camera and put my chin on the blue shelf.







Next, I'll hold the handles with both hands. I might need to bite down on a small piece of plastic with my front teeth.



The camera will spin around me, and I'll hear a buzzing noise. The camera won't touch me. I can remember to hold very still.







Next, we'll go back to my room.

The dentist will talk to me and my caregiver about my teeth.

I'm all done with my appointment.

Everyone will be so proud of me for doing a great job at the dentist!





Developed by:

Autism Spectrum Center & Child Life Services