

Diabetes Day Treatment Program



Boston Children's Hospital

Boston Children's Hospital
Nursing Patient Care Operations
and Division of Endocrinology

300 Longwood
Boston, MA 02115



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What is the Diabetes Day Treatment Program?

The Diabetes Day Treatment Program provides high quality diabetes care for children with new onset diabetes and their families.

- * Families have diabetes education and training in a safe, supportive environment while lowering the need for hospitalization.
- * Our team of diabetes doctors, nurses, dietitians, social workers, and child life specialists will work closely with your family to help you understand diabetes care.
- * The team will make sure you have all of the education, skills training, and supplies that you need for home.

What are the benefits of the Diabetes Day Treatment Program?

- * Families can sleep and practice skills at home but have close contact with the diabetes team. This helps build confidence.
- * Families report that returning home sooner helps them adjust to a new diagnosis and new routines.



What happens next?

- * Your diabetes team will let you know when your child is medically cleared to participate in the Diabetes Day Treatment Program.
- * The diabetes team will talk with you about your options and any concerns you may have.

What happens at the visits?

During your visits, we will help you complete an education goals checklist, practice skills and build confidence to return home safely. All patient meals and snacks will be provided.

Example of visit schedule:

- 8:00 am** - Check-in/order breakfast.
- 8:30 am** - Review schedule for the day, participate in supervised diabetes skills and eat breakfast.
- 9:30 am - 4:00 pm** - Meet the diabetes team and learn about your child's diabetes care, skills and nutrition goals.



By the end of the program, you will:

- * Meet all diabetes team members
- * Learn the basics of diabetes care
- * Learn diabetes skills for home
- * Learn about nutrition goals
- * Review your home supplies
- * Review your daily home schedule
- * Receive a school diabetes plan
- * Schedule diabetes clinic follow-up
- * Receive daily call-in instructions until your first clinic visit
- * Be confident to return home